



Brondon Foot and Ankle

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POST-OP ASPIRATION INSTRUCTIONS

An aspiration was performed at your visit today.

- Though the aspiration site is very small, if bleeding occurs, cover with a bandaid.
- If instructed to do so, keep compression at the injection site using a coban or ACE wrap.
- If an injection of steroid was given, it is common for the foot to be sore for 2-3 days after the injection.
- Notify the office if you notice any redness or drainage at the site where the aspiration was performed.
- If prescribed a medication, such as an anti-inflammatory or antibiotic, take it as instructed. You can also take over-the-counter pain relievers such as Tylenol or Ibuprofen, if recommended by your physician.
- Call the office if you have any concerns or questions prior to your follow-up appointment.