



Brondon Foot and Ankle

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POST-OP NAIL PROCEDURE INSTRUCTIONS- Part 2

1) Continue soaking the toe once daily in Epsom salt and water solution (2T Epsom salt for every quart of water) for 15-20 minutes for 1 week. Then apply antibiotic ointment and a bandaid.

2) After 1 week, if there is still drainage on the bandaid when changing, continue soaking the toe in Epsom salt and water solution once daily and apply a bandaid without antibiotic ointment.

3) Once there is no drainage on the bandaid for 2-3 days in a row, stop soaking toe and apply bandaid only for 2-3 days for protection.

4) If drainage is still absent, stop applying bandaid unless needed.

Call the office if you have any concerns or questions prior to your post-op appointment.